

Fitness Studio Rules

Basic rules

- You must have a valid day or membership fitness room pass.
- We don't allow children under age 18 in the fitness room, unless they have adult supervision.
- Don't bring food or drink into the fitness room (but we allow bottled water—stay hydrated!).
- Wear exercise clothing and closed-toe shoes.
- Only bring what you need into the fitness room.
- You must follow the Parks and Recreation Department code of conduct, which you can find posted in the facility.

Be nice to your fellow fitness room users

- Wipe down each machine or piece of equipment after you use it.
- Put everything (weights, mats, equipment) back where it goes when you're done using it.
- After you use the weight bar, unload it and re-rack the dumbbells.
- Limit your time on a machine or piece of equipment if others are waiting for it. If you are doing circuit training, please adjust your routine when others are present in the gym.
- Use headphones for whatever you're listening to, except in group classes.
- Keep phone calls out of the fitness room. Step outside for all calls, please.



What *not* to do or bring

Here are a few important “don'ts” we need you to follow:

- Don't be under the influence of alcohol or drugs in the fitness room. If you seem like you're under the influence, we'll ask you to leave.
- Don't disturb others with loud noises or music/sound from shows or podcasts (see “Be nice to your fellow fitness room users,” above).
- Don't bring more than one bag of workout gear or other belongings with you.
- Don't leave your belongings unattended. If you do, we follow the City of Santa Barbara's policy on lost, unclaimed, or abandoned belongings found on City property.
- Don't bring animals unless they're service animals as allowed by the Americans with Disabilities Act (ADA).

Is a piece of equipment broken or not working correctly?

Report it to us right away! Don't keep using a damaged or faulty machine.